

WELCOME TO THE NOMADS PRE-ACADEMY EST. 2017

The Nomads United AFC Pre-Academy was established in 2017 following the introduction of the National Club Licensing criteria and Skill Centre programme (SKC) by New Zealand Football. Nomads was the first club in New Zealand to achieve its club license, and have since developed into a leading club in this space across New Zealand.

The Nomads United AFC Pre-Academy focuses on improving players core skills required to play football within a supportive and engaging learning environment.

11-12 years is part of the 'golden age' of learning both technically and tactically for any footballer. This programme is aimed to accelerate the player's development and unlock a higher potential as they advance toward Youth & Senior football at Nomads and beyond.

Our Pre-Academy focusses on four key areas, with support tailored across each area to enable positive, long-term personal and player development:

Character Development | *Producing quality people that make a difference in the world.*

Individual Technique | *Producing players who thrive under pressure & can compete with the best.*

Football Intelligence | *Producing intelligent & tactically flexible players who can problem solve and work collaboratively.*

Physical Development | *Enabling and supporting life-long movement and physical development.*

We believe that this player-focused model offers our players the best chance to grow and be successful not only in football, but in life. For our parents; we believe that we must work together to develop young people, so building trusting relationships with you is also very important for us to deliver a successful programme.

We look forward to working with you throughout the players football journey at Nomads United AFC.



ATTICUS JONES
Nomads United AFC
Football Development Officer



MATT JANSEN
Nomads United AFC
Director of Football & GM



2026 SEASON NOMADS PRE-ACADEMY INFO U11-U12

COACHING & TRAINING

Overseen by our Director of Football, Matt Jansen, and led by our Football Development Officer, Atticus Jones, the Nomads Pre-Academy programmes offers our best young players a high level of advanced coaching to help take their football ability to the next level.

The Pre-Academy programme takes place across terms 1, 2 & 3 and offers players 2 trainings contacts per week based on best practice and modern methodologies to improve skill learning and tactical development. On Saturdays, teams will be led by volunteer Game Day leaders under the guidance and direction of our football staff.



ATTICUS JONES



MATT JANSEN

FEEDBACK & PERFORMANCE

- Pre-Academy teams play together in the A-Band of Mainland Football Competitions.
- Access to the Christchurch International Cup and South Island Tournaments.
- Player welfare support with workshops on injury prevention, mental skills and nutritional advice.
- Video analysis tools and workshops using our VEO Camera system to provide individual and team support.
- Individual player/parent/coach feedback meetings throughout the season on technical, tactical, social and cognitive development.

Nomads United AFC



For more information contact:

Email: dof@nomadsafc.org

Phone: 027 359 5795

2026 SEASON NOMADS PRE-ACADEMY INFO U11-U12

TRAINING CONTACT #1

NOMADS 'IPD' SESSION

Our first contact for the Pre-Academy teams at Nomads is an individual development training session. This training session is led by our Football Development Officer, Atticus Jones alongside qualified support coaches and Game Day leaders.

The sessions will cover a range of various topics including tactical team-based themes (how possession changes across the pitch, playing with an overload, playing with and against a high press, defending as a team to win the ball) as well as individual technical development concepts (shielding/protecting, passing/receiving, dribbling/outplaying your opponent, 1v1 attacking/defending).

The curriculum will also provide workshop opportunities for players, including video analysis using our clubs VEO camera system, nutrition & mental skills workshops amongst other things.

Coaches are supplied with our Nomads PLUS+ training curriculum which incorporates both technical and tactical principles and focuses on the Nomads values and football philosophy/playing style which stems from our First Team through to all our Junior and Youth members. This ensures that our players are properly prepared for match day and gives them the best chance of succeeding as they advance towards senior football at Nomads and beyond.



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TRAINING CONTACT #2

NOMADS FUTSAL SESSION

The second weekly training contact within the Nomads Pre-Academy programme is a dedicated futsal session. This session plays a key role in our junior player development model and is designed to significantly accelerate technical growth.



All futsal sessions are designed and delivered by Atticus Jones, Football Development Officer at Nomads United. Atticus is a former Canterbury United Futsal Dragons assistant coach and was part of a national league winning coaching staff in 2023, bringing extensive experience in futsal and youth development. These sessions are not generic futsal training, they are a Nomads-specific programme built to support our outdoor football philosophy and long-term player development goals.



At younger ages, player development is driven by repetition in game-realistic environments. Due to smaller playing areas, fewer players and constant involvement, futsal provides up to 40 times more touches on the ball than traditional outdoor football, making it a highly effective tool for accelerating technical development. The futsal sessions will be fast paced, technically detailed and highly competitive. Players are encouraged to solve problems under pressure, play with creativity and take responsibility in all moments of the game. The indoor environment ensures sessions are always on, regardless of weather conditions, allowing for consistent delivery and a high training standard throughout the season.



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2026 SEASON NOMADS PRE-ACADEMY INFO U11-U12



TERM ONE 2nd March - 2nd April

11TH GRADE

Tuesdays 4:00-5:15pm
Tulett Park

Thursdays, 4:00-5:15pm,
Tulett Park

12TH GRADE

Tuesdays 5:15pm-6:30pm
Tulett Park

Thursdays, 5:15pm-6:30pm,
Tulett Park

TERM TWO 20th April - 2nd July

11TH GRADE

Tuesdays 4:00-5:15pm
Tulett Park

Thursdays, 4:30-5:30pm,
Graham Condon
(Indoor Court Session)

12TH GRADE

Tuesdays 5:15pm-6:30pm
Tulett Park

Thursdays, 5:30-6:30pm,
Graham Condon
(Indoor Court Session)

TERM THREE 20th July - 24th September

11TH GRADE

Tuesdays 4:00-5:15pm
Tulett Park

Thursdays, 4:30-5:30pm,
Graham Condon
(Indoor Court Session)

12TH GRADE

Tuesdays 5:15pm-6:30pm
Tulett Park

Thursdays, 5:30-6:30pm,
Graham Condon
(Indoor Court Session)

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NOMADS PRE-ACADEMY EXPRESSIONS OF INTEREST

PLAYERS EXPRESSIONS OF INTEREST

The Nomads Pre-Academy has an open trial process at the beginning of each season for all prospective and interested players. If you would like to trial for a team in the 2023 season, please complete our expression of interest form using the link below:

[PLAYERS CLICK HERE](#)

COACHES EXPRESSIONS OF INTEREST

The Nomads Pre-Academy is always on the lookout for aspirational coaches that want to get involved with coaching within the Nomads Pre-Academy programme. We believe in developing coaches as well as players, and have seen a number of coaches come through our Pre-Academy programme and move onto bigger and better things. If you're interested in getting involved, please fill out our coaches expression of interest form using the link below:

[COACHES CLICK HERE](#)

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NOMADS ACADEMY PATHWAY

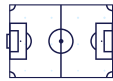
9th Grade



Nomads philosophy
1-2 team contacts led by
parent coach.



Play with their friends for
Nomads in house competition



5 a side
Smaller field



Futsal Skill Centre



Regional Mid season and South Island End of
Season Tournament

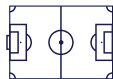
10th Grade A Band



3 even split teams,
Nomads philosophy
1-2 team contacts led by
parent coach.



Play Club Football
for Nomads in Mainland
Junior Leagues



7 a side
Reduced Field



Futsal Skill Centre



CIC CUP Mid-Season Tournament
South Island End of Season Tournament

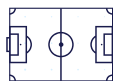
11th Grade Pre - Academy



Pre -Academy Programme
3 even split teams
2 Contacts S&C Programme



Play Club Football
for Nomads in Mainland
Junior Leagues



7 a side
Reduced Field



Futsal Skill Centre



CIC CUP Mid-Season Tournament
South Island End of Season Tournament

12th Grade Pre - Academy



Pre -Academy Programme
2 even split teams
2 Contacts S&C Programme



Play Club Football
for Nomads in Mainland
Junior Leagues



9 a side
Reduced Field



Futsal Skill Centre



CIC CUP Mid-Season Tournament
South Island End of Season Tournament

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